

When Walking Down the Aisle, Every Bride Wants to Look and Feel Her Best!

A bride's wedding day is the BIG day...and when walking down the aisle, every bride wants to look and feel her best!

Knowing that maintaining a proper diet and exercise program are the only sure fire ways to *healthfully* trim down, Health o meter has introduced a Body Fat Monitoring Scale that can help blushing brides lose weight safely and track their goals.

The Health o meter scale calculates body-mass index and simultaneously display the number of pounds gained or lost since the last weigh-in. The scale also reminds brides of the pounds they've got to lose until they reach their goal...and as they begin to achieve their weight loss goal, the scale rewards them with a gold star. The scale retails for \$49.99 and available at Target.



Model # HDM 585KD-02

The most accurate way to track & measure your fitness results

- Simultaneously displays weight change in weight, time and date on one large screen
- Calculates body mass index (BMI), a measure of health based on your weight and height
- Tracks goals, progress to goals, and stores information for up to 4 users
- One-button SAVE function keeps up to 10 entries per user
- Oversized 1.8" LCD digital display makes reading personal information easy
- Accurately measures weight up to 400 pounds or 181 kilograms

- Measures to 0.2 pounds or 0.1 kg
- 10 year limited warranty